PSYC 370: EMOTION

University of Wisconsin-Stevens Point Spring Semester 2023

PROFESSOR INFORMATION

COURSE INFORMATION

Name: Mark A. Ferguson, Ph.D. Section: 1
Email: mark.ferguson@uwsp.edu Credits: 3

Office: SCI D331 (or via Zoom) Meetings/Location: Asynchronous online

Hours: MW 8-8:45am, M 10-11:30am, Prerequisites: PSYC 110

or by appointment

COURSE DESCRIPTION

This course provides an overview of theory and research on emotion. It examines emotion on a continuum, from the micro-biological level up to the macro-cultural level. Given that the study of emotion cuts across the arts, sciences, and humanities, the contributions of other fields to our knowledge will be considered at several points. This broader perspective will help us to better recognize how and why emotions shape our personal and professional lives.

LEARNING OUTCOMES

After taking this course, you will be able to...

- Summarize the concepts, theories, and principles of emotion research
- Explain what distinct levels of analysis contribute to emotion research
- Analyze emotional experiences from different academic perspectives

REQUIRED TEXTBOOK

Keltner, D., Oatley, K., & Jenkins, J. M. (2019). *Understanding emotions* (4th ed.). Wiley.

REQUIRED TECHNOLOGY

This course requires access to both a supported computer and a stable internet connection. A webcam would be useful for meeting with the professor. It is not advisable to complete the entire course solely on a mobile device. This would make it difficult to review documents (such as the presenter notes in slides). Thus, you must maintain consistent access to a supported computer in this course. For information about UWSP's computer labs, please check out this website.

This course is administered fully online through the <u>Canvas website</u>. In Canvas, you will review course materials, participate in discussions, and submit assignments. To access Canvas, you will need a web browser or the Canvas Student mobile app for <u>Apple iOS</u> or <u>Google Android</u> devices. All options require your UWSP login and password. For Canvas operating system and browser requirements, <u>please review this website</u>. If you would like to learn more about how to use Canvas features (such as quizzes), <u>please see this website</u>. If you need technical support, contact Canvas Support directly by clicking on the Help button in Canvas.

COURSE CALENDAR

Section	Module	Readings	Assignments	Due
Overview	1: Introduction	Keltner 1	Class Introductions Discussion and Quiz 1	SU 1/29
	2: Methods	Niedenthal 2	Discussion and Quiz 2	SU 2/5
Biological	3: Evolutionary	Keltner 2	Discussion and Quiz 3	SU 2/12
Processes	Focus Week 1	None	Paper 1	SU 2/19
	4: Biological	Keltner 7	Discussion and Quiz 4	SU 2/26
Psychological Processes	5: Developmental	Keltner 8	Discussion and Quiz 5	SU 3/5
	6: Personality	Keltner 11	Discussion and Quiz 6	SU 3/12
	Focus Week 2	None	Paper 2	SU 3/19
	7: Cognitive	Keltner 10	Discussion and Quiz 7	SU 4/2
Sociocultural Processes	8: Social	Keltner 9	Discussion and Quiz 8	SU 4/9
	9: Cultural	Keltner 3	Discussion and Quiz 9	SU 4/16
	Focus Week 3	None	Paper 3	SU 4/23
Physical and Mental Health	10: Health	Niedenthal 9	Discussion and Quiz 10	SU 4/30
	11: Clinical	Keltner 13	Discussion and Quiz 11	SU 5/7
	12: Counseling	Keltner 14	Discussion and Quiz 12	SU 5/14
	Finals Week	None	Paper 4 Course Feedback	SU 5/21

The Keltner chapters are found in your textbook; the Niedenthal chapters are posted on Canvas in the relevant modules. The first two week's readings are posted on Canvas to give you time to obtain a copy of your book. All assignments open on the first day of class and are due by the posted deadlines (Sundays at 11:59pm). There is a 24-hour grace period AFTER due dates, which means that late submissions in this window will be accepted WITHOUT penalty. This calendar is subject to revision. Any changes will be announced on Canvas or via email.

GRADED ASSIGNMENTS

Discussions

There will be 12 graded discussion forums in this course. For each forum, you will be required to post twice—once with your response to the discussion prompt, and a second time in response to another student's response (by Sundays at 11:59pm). You are welcome to post more than twice, but there is no extra credit for doing so. You will receive an overall score for your first two posts in a week. Although you are only required to post in 10 forums, you are encouraged to post in all 12 (any higher scores will replace lower scores in other forums). Discussions will be worth 10 points each for a total of 100 points (about 36% of your final grade).

Quizzes

There will be 12 quizzes in this course. Each quiz will consist of 10 multiple-choice questions and will focus on one chapter of the <u>textbook</u>. You will have 15 minutes to complete a quiz and are allowed to take each of them twice—you will receive the higher of your two attempts. All quizzes are drawn randomly from larger item pools. This means that all quiz attempts are unique (even for the same student). Although you are only required to complete 10 quizzes, you are encouraged to complete all 12 (any higher scores allow you to replace lower scores on other quizzes). Quizzes will be worth 10 points each for a total of 100 points (about 36% of your final grade).

Papers

There will be four papers in this course. Each paper provides space for personal interests and opportunities for deeper analysis of course material. These papers will be 2-3 pages (12-point font, one-inch margins, double-spaced) and must be submitted on Canvas. The papers will be worth 20 points each for a total of 80 points (about 29% of your final grade).

Please review the course calendar, Canvas assignments tab, and Canvas modules for detailed information and specific deadlines for assignments. Grades will be posted on Canvas, typically within two weeks of the deadlines.

PROGRESS WORKSHEET

Discussion	Earned Points	Possible Points
1		10
2		10
3		10
4		10
5		10
6		10
7		10
8		10
9		10
10		10
11		10
12		10
Subtotal		100

Quiz	Earned Points	Possible Points
1		10
2		10
3		10
4		10
5		10
6		10
7		10
8		10
9		10
10		10
11		10
12		10
Subtotal		100

(Total excludes two lowest discussions)

(Total excludes two lowest quizzes)

Paper	Earned Points	Possible Points
1		20
2		20
3		20
4		20
Subtotal		80

Subtotals	Earned Points	Possible Points
Discussions		100
Quizzes		100
Papers		80
Grand Total		280

GRADING SCALE

Final Grade	Points	Percent
А	260-280	93-100
A-	252-259	90-92
B+	244-251	87-89
В	232-243	83-86
B-	224-231	80-82
C+	216-223	77-79

Final Grade	Points	Percent	
С	204-215	73-76	
C-	196-203	70-72	
D+	188-195	67-69	
D	168-187	60-66	
F	0-167	0-59	

COURSE POLICIES

Communication

Our communication in this course will occur through digital methods. If you want to contact me with a private matter (such as your course grades), you can send an email. I generally respond to emails within 48 hours (excluding weekends or holidays). You can also visit in-person office hours or make an appointment (in-person or online). Conversely, if you need to contact me about a public matter (such as asking a question about the project), you can post in the Questions discussion forum on Canvas (see the Course Overview module). This allows everyone to ask questions, answer questions, and review answers.

Disabilities

UWSP is committed to reasonable accommodations for students with disabilities and temporary impairments. If you have a disability or acquire a condition where you need assistance, please contact the Disability Resource Center. <u>Check out their website</u> for more information.

Extensions

Extensions will generally only be considered for students who cannot complete assignments on time due to academic, athletic, military, or religious obligations, major illnesses, and comparable reasons. Requests for extensions might require documentation, such as letters from coaches or physicians. In most cases, assignments will need to be completed within one week of the initial deadline to receive credit.

Incompletes

Incomplete grades will only be considered for students in exceptional situations, such as serious medical and emergency situations. They are not for students who feel overwhelmed by routine academic or extracurricular commitments. Requests for incompletes must be accompanied by documentation. In most cases, all coursework must be completed within one regular semester (fall or spring) to avoid receiving an automatic F in the course.

Misconduct

The professor takes all academic misconduct (such as cheating and plagiarism) seriously. The minimum penalty for each instance of misconduct will be a zero for the assignment. Additional penalties will be considered under university policy. Please do not put yourself or others through disciplinary hearings. To read about UWSP's policies, check out the <u>Dean of Students' website</u>.

Netiquette

In an online course, a majority of our communication takes place in the discussion forums. Our primary means of communication here is written. The written language has many advantages: more opportunity for reasoned thought, more ability to go in-depth, and more time to think about an issue before posting a comment. Still, written communication also has some disadvantages, such a lack of face-to-face signaling that occurs via body language, intonation, pausing, facial expressions, and gestures. Accordingly, please be aware of the possibility of miscommunication and compose your comments in a positive, supportive, and constructive manner. You can learn more at this netiquette website.

Safety and Reporting

UW-Stevens Point is committed to the promotion of safe, inclusive, and productive campuses—where people from all backgrounds and perspectives can actively and comfortably contribute to our learning communities. Thus, under federal and state laws, as well as university policies, the professor is required to report acts of an offensive or criminal nature that occur inside or outside of class. This includes acts of sexual harassment and assault, bias and hate crimes, illicit drug use, and violence. Disclosure or description of such incidents, past or current, may be reported to the Dean of Students and local authorities. If you would like to report incidents anonymously, please review the options on the Dean of Students website.